

Take one tablet daily with food, or upon retiring. Not to be chewed. Do not exceed recommended dose.

STORAGE: Do not store above 30°C, protect from light and moisture.

Keep out of reach
and sight of
children.

Manufactured by Contract Pharmacal Corp., Hauppauge, NY 11788 USA





Multiple Micronutrient Supplement for Pregnant & Breastfeeding Women

180 Tablets

WHO/UNICEF Formulation

Supplement Facts

Amount Per Serving	%Daily	Value*
Vitamin A (as Retinyl Acetate)	800 mcg RAE	62%
Vitamin C (as Ascorbic Acid)	70 mg	58%
Vitamin D (as Cholecalciferol)	5 mcg (200 IU)	33%
Vitamin E (as d-α-Tocopheryl Succinate)	10 mg a-TE	53%
Vitamin B-1 (as Thiamine Mononitrate)	1.4 mg	100%
Vitamin B-2 (Riboflavin)	1.4 mg	88%
Vitamin B-3 (as Niacinamide)	18 mg NE	100%
Vitamin B-6 (as Pyridoxine HCI)	1.9 mg	95%
	DFE (400 mcg)	113%
Vitamin B-12 (as Cyanocobalamin)	2.6 mcg	93%
Iron (as Ferrous Fumarate)	30 mg	111%
Iodine (as Potassium Iodide)	150 mcg	52%
Zinc (as Zinc Oxide)	15 mg	115%
Selenium (as Sodium Selenite)	65 mcg	93%
Copper (as Cupric Oxide)	2 mg	154%
*Daily Value (DV) for Pregnant and Lactating Women, as established by the U.S. FDA.		

OTHER INGREDIENTS:

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Microcystaline Cellulose,
Dicalcium Phosphate,
Croscamellose Sodium,
Magnesium Searate, Silica,
Starch, Polyvinylpyrrolidone,
Sucrose, Acada,
Crospovidone, Hypromellose,
Polyethylene Glycol,
Triglycerides, Tocopherols,
Sodium Ascorbate and
Tricalcium Phosphate.

WARNING:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

MFG DATE: EXP DATE: LOT#:

NOT FOR SALE RXXXXX