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M KIRK

DIRECTIONS: Take one tablet daily with food, or upon retiring. Not to be chewed. Do not exceed recommended dose

STORAGE: Store between 15° and 30°C, protect from light and moisture. **Keep out of reach and sight** of children

Manufactured by Contract Pharmacal Corp., Hauppauge, NY 11788 USA

Multiple Micronutrient Supplement for Pregnant & Breastfeeding Women

180 Tablets

WHO/UNICEF Formulation

Supplement Facts Serving Size: 1 Tablet

Amount Per Serving %Daily Value* Vitamin A (as Retinyl Acetate) 800 mca RAF Vitamin C (as Ascorbic Acid) 58% 70 mg Vitamin D (as Cholecalciferol) 5 mcg (200 IU) Vitamin E (as d-g-Tocopheryl Succinate) 10 mg α-TE 53% 100% Vitamin B-1 (as Thiamine Mononitrate) 1.4 ma 88% 1.4 mn Vitamin B-3 (as Niacinamide) 18 mg NF 05% Vitamin B-6 (as Pyridoxine HCI) 1.0 mg Folate (as Folic Δcid) 680 mcg DFE (400 mcg) Vitamin B-12 (as Cvanocobalamin) 93% Iron (as Ferrous Fumarate) 30 ma 111% Indine (as Potassium Indide) 150 mcg Zinc (as Zinc Oxide) 15 ma 115% Selenium (as Sodium Selenite) 65 mca 93% Copper (as Cupric Oxide) 2 ma

*Daily Value (DV) for Pregnant and Lactating Women, as established by the U.S. FDA.

OTHER INGREDIENTS:

Microcrystalline Cellulose, Dicalcium Phosphate, Croscarmellose Sodium, Magnesium Stearate, Silica, Starch, Polyvinylpyrrolidone, Sucrose, Acacia, Crospovidone, Hypromellose, Polyethylene Glycol, Triglycerides, Tocopherols, Sodium Ascorbate and Tricalcium Phosphate

WARNING: Accidental overdose of iron-containing products is a leading

cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

MFG DATE: EXP DATE:

Made in USA

R53837 QR SAMPLE LBL - NOT FOR SALE